



BREAKFAST

BISTRO SPECIAL

2 eggs any style served with Breakfast Potatoes, Toast and your choice of Bacon, Sausage, Ham or Baked Beans.

~ 8.75

EARLY BIRD

2 eggs any style served with Toast and your choice of Breakfast Potatoes, Bacon, Sausage, Ham or Baked Beans

~ 6

THE BIG BREAKFAST

2 eggs any style, 2 Bacon, 2 Sausage, a Pancake or French Toast served with Breakfast Potatoes and Toast

~ 13.50

STEAK AND EGGS

2 eggs any style, a 6oz Steak and served with Breakfast Potatoes

~ 14

BURRITO

3 Eggs Scrambled with Sauteed Onions and Peppers, Taco Seasoning and House Made BBQ Sauce. All wrapped in a Tortilla and pressed on the grill. Served with Breakfast Potatoes.

~ 9

EGGS BENEDICT

All Eggs Benedicts are served with Breakfast Potatoes

CLASSIC

2 soft poached eggs on an English Muffin with Ham Topped with House Whipped Hollandaise and Chives

~ 13

FLORENTINE

2 soft poached eggs on an English Muffin with Sauteed Spinach, Mushrooms and Tomato. Topped with House Whipped Hollandaise and Chives

~ 12.50

LOBSTER

2 soft poached eggs on an English Muffin with Lobster Topped with House Whipped Hollandaise and Chives

~ 15

* Gluten Free Substitutions available upon request 

OMELETTE

A 3 Egg Omelette with Cheese and your choice of 3 fillings :

Diced Tomatoes, Peppers, Onions , Mushrooms, Spinach
Bacon, Ham

Served with Breakfast Potatoes and Toast.


~ 11.50

OMELETTE ... FULLY LOADED

~ 14


OATMEAL

A Heart healthy bowl of Rolled Oats simmered in Milk and Served with Blueberries and Bananas.

~ 7 

YOGURT PARFAIT

Greek Vanilla Yogurt and Housemade Granola and Seasonal Fruit

~ 7 

PANCAKES

2 House Whipped Pancakes cooked until golden.
Served with Vanilla Butter and Davidsons Local Maple Syrup

~ 7

Add Blueberries or Chocolate Chips for an extra special treat!

~ 2

FRENCH TOAST

2 Slices of Cinnamon Raisin Bread grilled to perfection. Topped with Nut Butter and Sprinkled with Icing Sugar

~ 10

SIDES

BREAKFAST POTATOES ~ 3

3 PIECES OF BACON, SAUSAGE OR HAM ~ 3

MARITIME STYLE BAKED BEANS ~ 3

2 EGGS, 2 TOAST ~ 4

WHITE, BROWN OR WHOLE WHEAT TOAST ~2.75

BEVERAGES

JUST US! ORGANIC COFFEE (FREE REFILLS) ~2.50

JUST US! ORGANIC TEA
(PEPPERMINT, GREEN, CHAI & MARITIME BREAKFAST) ~2.50

ORANGE, APPLE OR CRANBERRY JUICE ~ 2

ALL PRICES ARE SUBJECT TO 15% HST

151 MAIN STREET, PARRSBORO, NOVA SCOTIA // WWW.BLACKROCKBISTRO.CA