



## STARTERS

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### SEAFOOD CHOWDER

Thick and Creamy soup with an assortment of Lobster, Cod, Crab, Mussels

~ 14



### DAILY SOUP

Home style Seasonal Soup created daily. Ask your server for details

~ 7

### SUMMER STRAWBERRY

A Baby Spinach and Arugula mix salad with Fresh Strawberries, Toasted Almonds and a House made Honey Lemon dressing. Topped with Blue Cheese.



MEAL SIZE ~ 14 SMALL ~ 7



### BLACKROCK CAESAR

Crisp Romaine Lettuce mixed with Shaved Parmesan, Crispy Bacon, House Whipped Dressing and garnished with Herb & Garlic Croutons.

MEAL SIZE ~ 14 SMALL ~ 7

### BISTRO SALAD

Fresh Spring Mix Salad tossed in a Maple Balsamic Vinaigrette. Uniquely topped with Candied Walnuts, Dried Cranberries and Goats Cheese.



MEAL SIZE ~ 14 SMALL ~ 7



## PASTA

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### LENTIL PENNE

Gluten Free Lentil Pasta tossed in a Red Pepper Pesto Sauce. Mixed with Vegetables and Plant-Based Italian Sausage. Topped with Parmesan.



~ 16



### CLASSIC SPAGHETTI

A Classic Pasta made with House Made Bolognese sauce. Topped with Parmesan Cheese.

With Your Choice of

3 Handcrafted Meatballs or Local Clams

~ 17 OR ~ 19

### SEAFOOD LINGUINE

An delectable assortment of Lobster, Shrimp, Crab and PEI Mussels with Black Pepper Fettuccine tossed in a Sauteed Cream Sauce

~ 22

### CALAMARI

Squid Lightly dusted with Organic Corn Flour and fried to perfection. Served with Garlic Aioli and Chipotle Aioli

~ 14



### SPINACH DIP

House Made Spinach and Artichoke Dip. Served with Baked Pita Chips.

~ 12



### MUSSELS

A heaping bowl of Atlantic Fresh P.E.I Mussels served in a White Wine Cream Sauce and Garlic Toast

~ 12.50

### SEAFOOD PLATTER

An Assortment of battered Shrimp, Scallops, Local Clams, Calamari and Cod Fish Bites. Served with a side of Garlic Butter.

~ 28

## TO SHARE

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### SPRING ROLLS

Hand Rolled Vegetable Spring Rolls served with a Maple Chili Dipping sauce

~ 12



OR

Hand Rolled Lobster & Crab Spring Rolls served with a Pineapple Curry Dip.

~ 16

### BRUSCHETTA BREAD

Grilled Flat Bread with Diced Tomatoes, Onion, Lemon and Fresh Herbs. Topped with Goats Cheese and Parmesan then drizzled with Balsamic Reduction.

~ 12



**Add Garlic Toast to any Pasta ~ 2**

ALL PRICES ARE SUBJECT TO 15% HST

151 MAIN STREET, PARRSBORO, NOVA SCOTIA // WWW.BLACKROCKBISTRO.CA