




SOUP & SALADS

Daily Soup..... Full 9.00 / Half 5.00

Home-style Soup created daily. Served with a Fresh Roll.
Ask your server for details.

Root Vegetable Soup.. Full 9.50 / Half 5.50

A pureed Soup with an assortment of Harvest Root Vegetables. Garnished with Sweet Potato Chips and Pumpkin Spice Cream. Served with a Fresh Roll. 



Seafood Chowder.. Full 15.50 / Half 10.00

A Maritime Classic! A House made cream-based soup with an assortment of Vegetables, Lobster, Cod, Crab and Clams. Served with a Fresh Roll.


BlackRock Caesar.. Full 13.50 / Half 7.75

Crisp Romaine Lettuce mixed with Shaved Parmesan, Chopped Bacon, House Whipped Creamy Dressing and garnished with Herb & Garlic Croutons.

Bistro Salad..... Full 13.50 / Half 7.75

Fresh Spring Mix Salad tossed in a Maple Balsamic Vinaigrette. Uniquely topped with Candied Walnuts, Dried Cranberries and Goats Cheese.  

House Salad..... Full 12.50 / Half 6.75

Fresh Spring Mix Salad tossed in a Maple Balsamic Vinaigrette. Topped with sliced Cucumber, Carrots and Tomatoes.  

Add Fire Grilled Chicken to any salad for 4.00

Upgrade Your Side..... 3.00

BlackRock Caesar Salad
Bistro Salad
Onion Rings
Sweet Potato Fries
Cajun Fries
Garlic Mashed Potatoes

Side Seafood Chowder.... 5.00

LIGHT SNACKS


Veggie Spring Rolls..... 10.00

Crispy Vegetable Spring Rolls served with Plum Sauce. 

Seafood Spring Rolls..... 16.00

Made in House Lobster & Crab Crispy Spring Rolls served with a Pineapple Curry Dip.

Deep Fried Pickles..... 7.00

An Order of Deep Fried Pickles (6). Served with a Chipotle Dip 

Classic Poutine ... Large 9.50 Small 7.50

Fresh Cut Fries with Mozzarella Cheese Curds and our house Gravy.

Add Pulled Pork with Whiskey BBQ Sauce... 3.50

Chicken Wings.... (6pcs) 5.50 (12pcs) 10.50

Chicken Wings tossed in your choice of sauce:

Dry, Mild, Medium, Hot, Cajun, Salt&Pepper, Sweet Chili, Honey Garlic

Served with Celery&Carrot Sticks, Ranch or Blue Dressing.

HOMESTYLE FAVOURITES

Fried Chicken.... (1pcs) 14.00 (2pcs) 16.50


Crispy Fried Buttermilk Chicken served with a Creamy Coleslaw and some delicious House Made Gravy! Served with bucket of Fresh Cut Fries.

Steak Frites..... 18.50

8oz Fire Grilled Sirloin Steak cooked to your desire.

Topped with Bell Pepper Jelly and Au Jus. Served with a bucket of Fresh Cut Fries 

Rack of Ribs..... Full 22.00 / Half 16.00

A Meaty Rack of Pork Ribs smothered in our Homemade BBQ Sauce. Served with Creamy Coleslaw and Fresh Cut Fries. 

Clams & Fries..... 15.00

Locally Sourced Five Islands Clams fried until Golden. Served with Fresh Cut Fries, Sliced Lemon and Homemade Tartar Sauce.

Fish & Chips.. (1pcs) 10.00 (2pcs) 14.00

White fish (Changes Seasonally) Battered to Order with Beer Batter and fried until Light and Crispy.

Served with Fresh Cut Fries and Homemade Tartar Sauce.



Gluten Free



Vegetarian

ALL PRICES ARE SUBJECT TO 15% HST

151 MAIN STREET, PARRSBORO, NOVA SCOTIA // WWW.BLACKROCKBISTRO.CA



SANDWICHES

All Sandwiches Include a Fried Pickle and your choice of: Fresh Cut Fries, House Salad or Soup.

Turkey Club..... 14.00

Slow Roasted Turkey Breast topped with Avocado Mayo, Brie Cheese, Lettuce, Tomato and Bacon on your choice of: Multigrain, Whole Wheat or White.

Western Sandwich..... 13.50

A Homestyle Western Omelette with Onions, Bell Peppers, Ham, Whiskey BBQ Sauce and Cheddar Cheese. Served on your choice of: Multigrain, Whole Wheat or White Bread.

Pulled Pork..... 17.50

Slow Roasted Pork mixed Whiskey BBQ Sauce, Cheddar Cheese, Jalapeños, 2 Onion Rings and a Creamy Housemade Coleslaw. Served on a Burger Bun.

Prime Rib Sandwich..... 18.50

Shaved Prime Rib Roast topped with Fresh Lettuce, Sautéed Mushrooms and Onions, Smoked Cheddar and Horseradish Mayo. Served on your choice of: Multigrain, Whole Wheat or White Bread.

PASTA

Lentil Penne..... 16.00

Lentil Pasta tossed in a Red Pepper Pesto Sauce. Mixed with Vegetables and Plant-Based Italian Sausage.

Topped with Parmesan.

Spaghetti..... 14.00

Spaghetti Pasta made with House Made Bolognese Sauce. Topped with Shaved Parmesan Cheese and Parsley.

Seafood Fettucine..... 25.00

A delectable assortment of Lobster, Shrimp, Crab and Scallops with Black Pepper Fettucine tossed in a Sautéed White Wine Cream Sauce

Chicken Alfredo..... 16.00

A Garlic White Wine Cream Sauce with Boneless Chicken Breast and Black Pepper Fettucine Pasta. Topped with Shaved Parmesan.

BURGERS

All Burgers Include a Fried Pickle and your choice of: Fresh Cut Fries, House Salad or Soup.


The Original.....14.50

A 6oz handcrafted Ground Chuck Burger topped with sliced Tomato, Onion, Fresh Lettuce and a Garlic Mayo

The Drunken Sailor..... 16.50

A 6oz handcrafted Ground Chuck Burger with Cheddar Beer Cheese, Whiskey Glazed Bacon, Fresh Lettuce, Onion, Sliced Tomato and a Garlic Mayo

The Veggie Burger..... 12

A Black Bean Burger topped with sliced Tomato, Onion, Fresh Lettuce and a Garlic Mayo 

The Chicken Burger..... 14

Crispy Buttermilk Boneless Chicken Breast Fried Until Golden. Topped with Shredded Lettuce and Garlic Mayo.

Build Your Own Burger 14.50

Ketchup, Mustard, Relish, Sliced Pickles, Garlic Mayo, Chipotle Mayo, Avocado Mayo, Fresh Lettuce, Tomato, Raw Onion, Sautéed Onion, Jalapeño

Add 2.00 for Bacon, Smoked Cheddar, Cheddar Cheese, Blue Cheese or Goats Cheese

 Gluten Free Buns available upon request 

TACOS

Each Order of Tacos (3) includes your choice of: Fresh Cut Fries or House Salad or Soup.

Fish Tacos..... 13.50

White Fish (Changed Seasonally) Mixed Greens, Fresh Pico De Gallo and a drizzle of Avocado Mayo. Your Choice of Beer Battered Fish or Pan Fried.

Shrimp Tacos..... 15.50

Popcorn Shrimp topped with Mixed Greens, Cilantro & Lime Coleslaw and a drizzle of Garlic Mayo

Pulled Pork Tacos..... 13.50

Slow Roasted Pork topped with Creamy Coleslaw, Mixed Greens, Jalapeños and a drizzle of Chipotle Mayo.

BBQ Chicken Caesar Tacos..... 13.50

BBQ Boneless Chicken with Bacon, Shaved Parmesan Cheese, Fresh Lettuce and Caesar Dressing.

Prime Rib Tacos..... 15.50

Shaved Prime Rib topped with Mixed Greens, Caramelized Onions and Bell Pepper Jelly.

 Corn Flour Tortillas Available upon request 