

# BlackRock Bistro & Bar

151 MAIN STREET, PARRSBORO, NS


**Dine In - Take Out // 902 728 3006**

## APPETIZERS


### **P.E.I Mussels .... 12.50**

Fresh Mussels Steamed in White Wine & Garlic Cream Sauce. Served with Garlic Toast.

### **Bruschetta Bread ..... 11.65**

Our House Bruschetta Mix on sliced Ciabatta Bread. Topped with Goats Cheese, Shaved Parmesan & Balsamic Reduction. 

### **Vegetable Spring Rolls.... 10.00**

(4) Crispy Vegetable Spring Rolls served with Plum Sauce. 

### **Coconut Shrimp Bites.... 12.50**

House Breaded Coconut Shrimp Served with a Pineapple Curry Dip.

## SOUP & SALADS



### **Daily Soup..... Full 8.00 / Half 4.25**

Home-style Soup created daily. Served with a Fresh Roll. Ask your server for details.

### **BlackRock Caesar.. Full 13.50 / Half 7.75**

Crisp Romaine Lettuce mixed with Shaved Parmesan, Chopped Bacon, House Whipped Creamy Dressing and garnished with Herb & Garlic Croutons.

### **Bistro Salad..... Full 13.50 / Half 7.75**

Fresh Spring Mix Salad tossed in a Maple Balsamic Vinaigrette. Uniquely topped with Candied Walnuts, Dried Cranberries and Goats Cheese.  

Add Fire Grilled Chicken to any salad for 4.50


Add Sirloin Steak to any salad for 6.75

### **Upgrade Your Side..... 3.00**


BlackRock Caesar Salad  
Onion Rings  
Sweet Potato Fries  
Cajun Fries

## MAINS

### **Steak Frites..... 18.50**

8oz Fire Grilled Sirloin Steak cooked to your desire. Topped with Chimichurri and Au Jus. Served with Fresh Cut Fries 

### **Fish & Chips.. (1pcs) 11.00 (2pcs) 15.00**

Seasonal White Fish in a Gluten Free Beer Batter. Served with Fresh Cut Fries and Homemade Tartar Sauce. 

• Please advise your server if require CELIAC \*

### **Chicken Alfredo ..... 15.00**

Grilled Chicken Breast and Black Pepper Fettuccine tossed in a White Wine & Garlic Cream Sauce. Topped with Shaved Parmesan. Served with Garlic Toast. (GFA)

### **Spaghetti Bolognese ..... 15.00**

Classic Spaghetti Pasta tossed in a Housemade Meaty Tomato Sauce. Topped with Shaved Parmesan. Served with Garlic Toast. (GFA)

## BURGERS/SANDWICHES

All Burgers/Sandwiches Include a Fried Pickle and your choice of: Fresh Cut Fries or Bistro Salad or Soup.

### **Chicken Pesto Wrap..14.65**

Chopped Grilled Chicken Breast, Bacon and House Made Tomato Jam with Pesto Mayo, Goats Cheese and Mixed Greens. All wrapped up!

### **The Original.....13.50**


A 8oz handcrafted Fresh Ground Chuck Burger topped with sliced Tomato, Onion, Pickles, Fresh Lettuce and Garlic Mayo

**Add Cheese 1.50 Add Bacon 3.00**

### **The Drunken Sailor..... 16.65**

A 8oz handcrafted Fresh Ground Chuck Burger with Cheddar Beer Cheese, Whiskey Glazed Bacon, Fresh Lettuce, Onion, Sliced Tomato and a Garlic Mayo

### **The Veggie Burger..... 12.50**

A Black Bean Burger topped with sliced Tomato, Onion, Fresh Lettuce and a Garlic Mayo 

 Gluten Free Buns available upon request 



Gluten Free



Vegetarian

*Please advise of any known dietary restrictions.*

ALL PRICES ARE SUBJECT TO 15% HST