

The BlackRock Bistro

151 Main Street, Parrsboro, NS, 902 728 3006

Chef: Zach Zielewicz

Appetizers

- P.E.I MUSSELS** includes Garlic Toast ... 12.50
Steamed in Thai Curry or White Wine Cream
- VEGETABLE SPRING ROLLS** (6) Crispy Vegetable Spring Rolls, Plum Sauce. ... 10.50
- ARANCINI** (4) Breaded Risotto Cheese Balls, Tomato Basil Sauce ... 12.50
- SPINACH DIP** Creamy Spinach & Artichoke Dip, Pita Bread ... 12.50

Paninis

All Paninis are served on Artisan Bread & include a choice of side: House Cut Fries or House Salad or Daily Soup

ROASTED VEGETABLE PANINI Roasted Veggies, Mixed Greens, Roasted Red Pepper Aioli, Goats Cheese ... 14.65

CHICKEN PANINI Grilled Chicken Breast, Tomato, Mixed Greens, Bacon Jam, Roasted Red Pepper Aioli, Smoked Gouda ... 15.65

GOURMET GRILLED CHEESE Dutchmans Gouda, Caramelized Onions, Bacon, Mustard Aioli ... 14.65



UPGRADE YOUR SIDE Sweet Potato Fries, Caesar Salad, Truffle Fries, Onion Rings ... 3.00

Burgers

Our burgers are cooked from fresh, local ground chuck. Served on a Brioche Bun & include a choice of side: House Cut Fries or House Salad or Daily Soup

Gluten Free Bun 1.00

ORIGINAL BURGER Tomato, Onion, Lettuce, Garlic Aioli ... 14.50
Add Smoked Cheddar 1.50 / Add Bacon 1.50

DRUNKEN SAILOR BURGER Old Cheddar Beer Cheese, Whiskey Bacon, Lettuce, Onion, Tomato, Garlic Aioli. ... 18.65

Parrsboro's Shore Best Burger Summer 2021

THAT DUTCHMAN'S BURGER Bacon Jam, Dutchmans Dragons Breath Blue Cheese, Lettuce, Caramelized Onions, Tomato ... 18.65



LAMB BURGER Grass-Fed Ground Lamb, Lettuce, Goats Cheese, Tomato, Truffle Aioli ... 16.65
Locally Sourced from Ballymena Farm, Parrsboro NS



VEGGIE BURGER Spiced Black Bean Patty, Tomato, Onion, Lettuce, Garlic Aioli ... 12.50

Soup & Salad

CLASSIC CAESAR SALAD Romaine Lettuce, Shaved Parmesan, Chopped Bacon, House Whipped Creamy Dressing, Herb & Garlic Croutons. ... 13.50 / 7.75
Add Grilled Chicken ... 4.50 Add Steak ... 10.00

HOUSE BISTRO SALAD Spring Mixed Greens, Maple Balsamic Vinaigrette, Candied Walnuts, Dried Cranberries, Goats Cheese. ... 13.50 / 7.75
Add Grilled Chicken ... 4.50 Add Steak ... 10.00

SOUP OF THE DAY Served with a Fresh Roll.
Bowl 6.25 / Cup 4.25

SEAFOOD CHOWDER
Includes Fresh Roll... Bowl 14.75 / Cup 8.75



Pasta

All Pastas include Garlic Toast

Gluten Free Pasta 1.00 / Gluten Free Toast 1.00

CHICKEN ALFREDO Grilled Chicken Breast, Creamy Wine Sauce, Fettucine, Shaved Parmesan ... 15.00
Includes Garlic Toast, Add Bacon 1.50 / Add Broccoli 1.50

SEAFOOD FETTUCINE Local Seafood, Creamy Wine Sauce, Fettucine, Shaved Parmesan ... 19.75



CLASSIC BOLOGNESE Meaty Tomato Sauce, Spaghetti, Shaved Parmesan. ... 15.00
Ask the chef to make it spicy!

Entrées

STEAK FRITES 8oz Atlantic Striploin Steak, Au Jus, Bell Pepper Jelly, House Cut Fries ... 22.65
Add Caramelized Onions 2.00

CHICKEN CURRY Grilled Chicken, Yellow Curry Sauce, Basmati Rice, Seasonal Vegetables, Pita Bread ... 16.75

LAMB, BEEF TIP & GUINNESS STEW ... 16.75



FISH & CHIPS Glutenberg Beer Battered Fish & Chips. Homemade Tartar Sauce, Slaw.
*1 Piece 13.50 / 2 Piece 16.50 *Gluten Free**



The Geofood label represents the Cliffs of Fundy Geopark Community's commitment to developing sustainable agricultural activities, to increase the awareness about the importance of the soil, landscape, cultural heritage, and local food. Menu items with the GEOfood label use locally sourced products within the Geopark! Learn more about the Cliff of Fundy at www.fundygeopark.ca

Prices Subject to 15% HST / 18% Gratuity on parties of 8 or more.