

# The BlackRock Bistro

151 Main Street, Parrsboro, NS, 902 728 3006

Chef: Zach Zielewicz

## Appetizers

**CHICKEN WINGS** Dry~ Salt & Pepper, Cajun, Plain  
Sauce~ Mild, Medium, Hot, Honey Garlic, Sweet Chili  
6~6.99 / 12~12.99

**VEGETABLE SPRING ROLLS** (6) Crispy Vegetable  
Spring Rolls, Plum Sauce. ... 10.50

**ARANCINI** (4) Breaded Risotto Cheese Balls, Tomato  
Basil Sauce ... 12.50

**SPINACH DIP** Creamy Spinach & Artichoke Dip, Pita  
Bread ... 12.50

## Paninis

*All Paninis are served on Artisan Bread & include a choice of  
side: House Cut Fries or House Salad or Daily Soup*

**ROASTED VEGETABLE PANINI** Roasted Veggies,  
Mixed Greens, Roasted Red Pepper Aioli, Goats Cheese ...  
14.65

**CHICKEN PANINI** Grilled Chicken Breast, Tomato, Mixed  
Greens, Bacon Jam, Roasted Red Pepper Aioli, Smoked  
Gouda ... 15.65

 **GOURMET GRILLED CHEESE** Dutchmans Gouda,  
Caramelized Onions, Bacon, Mustard Aioli ... 14.65

## Burgers

*Our burgers are cooked from fresh, local ground chuck.  
Served on a Brioche Bun & include a choice of side: House  
Cut Fries or Bistro Salad or Daily Soup*

*Gluten Free Bun 1.00*

**ORIGINAL BURGER** Tomato, Onion, Lettuce, Garlic  
Aioli ... 14.50  
*Add Smoked Cheddar 1.50 / Add Bacon 1.50*

**DRUNKEN SAILOR BURGER** Old Cheddar Beer  
Cheese, Whiskey Bacon, Lettuce, Onion, Tomato, Garlic  
Aioli. ... 18.65

*\*Parrsboro's Shore Best Burger Summer 2021\**

 **THAT DUTCHMAN'S BURGER** Bacon Jam,  
Dutchmans Dragons Breath Blue Cheese, Lettuce,  
Caramelized Onions, Tomato ... 18.65

 **LAMB BURGER** Grass-Fed Ground Lamb, Lettuce, Goats  
Cheese, Tomato, Truffle Aioli ... 16.65  
*Locally Sourced from Ballymena Farm, Parrsboro NS*

**VEGGIE BURGER** Spiced Black Bean Patty, Tomato,  
Onion, Lettuce, Garlic Aioli ... 12.50

**UPGRADE YOUR SIDE** Sweet Potato Fries, Caesar  
Salad, Onion Rings ... 3.00

## Soup & Salad

**CLASSIC CAESAR SALAD** Romaine Lettuce, Shaved  
Parmesan, Chopped Bacon, House Whipped Creamy  
Dressing, Herb & Garlic Croutons. ... 13.50 / 7.75  
*Add Grilled Chicken ... 4.50 Add Steak ... 10.00*

**HOUSE BISTRO SALAD** Spring Mixed Greens, Maple  
Balsamic Vinaigrette, Candied Walnuts, Dried Cranberries,  
Goats Cheese. ... 13.50 / 7.75  
*Add Grilled Chicken ... 4.50 Add Steak ... 10.00*

**SOUP OF THE DAY** Served with a Fresh Roll.  
*Bowl 6.25 / Cup 4.25*

## Pasta

*All Pastas include Garlic Toast*

*Gluten Free Pasta 1.00 / Gluten Free Toast 1.00*


**CHICKEN ALFREDO** Grilled Chicken Breast, Creamy  
Wine Sauce, Fettucine, Shaved Parmesan ... 15.00  
*Includes Garlic Toast, Add Bacon 1.50 / Add Broccoli 1.50*

**CLASSIC BOLOGNESE** Meaty Tomato Sauce, Spaghetti,  
Shaved Parmesan. ... 15.00  
*Ask the chef to make it spicy!*

## Entrées

**STEAK FRITES** 8oz Atlantic Striploin Steak, Au Jus, Bell  
Pepper Jelly, House Cut Fries ... 22.65  
*Add Caramelized Onions 2.00*

**SCALLOP CURRY** Local Pan Seared Scallops, Fresh  
Curry Sauce, Basmati Rice, Seasonal Vegetables, Pita Bread  
... 18.75

**FISH & CHIPS** Glutenberg Beer Battered Fish & Chips.  
Homemade Tartar Sauce, Slaw.   
*1 Piece 13.50 / 2 Piece 16.50 \*Gluten Free\**

*The Geofood label represents the Cliffs of Fundy Geopark  
Community's commitment to developing sustainable  
agricultural activities, to increase the awareness about the  
importance of the soil, landscape, cultural heritage, and local  
food. Menu items with the GEOfood label use locally sourced  
products within the Geopark! Learn more about the Cliff of  
Fundy at [www.fundygeopark.ca](http://www.fundygeopark.ca)*

*Prices Subject to 15% HST / 18% Gratuity on parties of 6 or more.*